

# **New Mexico Self-Advocacy Leadership Competencies and Objectives**

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## **Competency 1.0**

**Increase self-awareness to better understand how disability impacts someone.**

## **Competency 2.0**

**Increase one's ability to advocate, using knowledge of policy, awareness of stereotypes, actively participating in movements, setting personal goals and effectively standing up for one's self.**

## **Competency 3.0**

**Identify ways that someone with a disability can promote systems change through participation in the political process, communication with policymakers, effective participation on boards and committees, and understanding how disability rights relate to human rights.**

## **Competency 4.0**

**Understand the diverse perspectives of all stakeholders, including people with disabilities, their allies, people from different cultural and linguistic backgrounds, policymakers and other professionals.**

## **Competency 5.0**

**Effective coalition building that promotes dialogue and common goals among community members from diverse perspectives.**

## **Competency 6.0**

**Develop an understanding and awareness of various disability issues.**

## **Competency 7.0**

**Understand how best practices in the field of disability, such as patient and family-centered care, self-determination, and purposeful therapies promote better quality of life for individuals with disabilities.**